

Naturopathic Care



The Swedish Cancer Institute, in partnership with the Northwest Natural Health Specialty Care Clinic, offers on-site naturopathic services for people with cancer.

What is naturopathic care?

Naturopathic care combines traditional natural therapies with the latest nutritional, botanical and health science. At the Cancer Institute, naturopathic physicians work cooperatively with medical oncologists and other medical specialists — communicating directly with each patient's health-care team to be certain that all providers are up-to-date and informed.

How natural medicine can benefit you

A natural medicine consultation can help in several ways depending on your condition and treatment. It can:

- Help keep you as strong and healthy as possible during conventional oncology treatment
- Support your body, including the immune system, in its fight against cancer
- Help reduce the side effects of some conventional oncology treatments
- Ensure that you avoid nutritional supplements that could interfere with your cancer treatment or worsen side effects
- Help you develop a cancer-prevention plan after completion of treatment

In addition to cancer, naturopathic medicine is also used to treat bloating, dyspepsia, diarrhea, constipation, fatigue, allergies, weight loss, headaches, vaginal dryness, joint aches and pain, sleep disturbance, muscle cramps, restless leg syndrome and skin rashes, among others.

What to expect

Treatments focus on a wide range of areas, including clinical nutrition (diet, vitamins, minerals, etc.), botanical medicines such as herbs, lifestyle adjustments, psychological support, mind-body therapies and more. Each treatment plan is unique and is developed with your specific needs in mind.

If you are receiving conventional treatments such as chemotherapy, radiation therapy and surgery, we recommend natural therapies that offer the most promising benefits for you, but do not interfere with your other treatments.

All treatment plans and related activities are coordinated directly with your medical oncologist and other members of your health-care team.

For more information or to schedule an appointment with naturopathic services, please call 206-386-3015.



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